

January 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="background-color: black; color: white; padding: 5px; border: 1px solid black;"> Reminder: All Boot Camp classes are FREE to KDR members so get your extra workout in! </div>					1 KDR Boot Camp 6:45 – 7:30pm	2 KDR Boot Camp 8:00 - 8:45am
	4 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm KDR Boot Camp 6:45 – 7:30pm	5	6 KDR Boot Camp 6:45 – 7:30pm	7 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm	8 KDR Boot Camp 6:45 – 7:30pm	9 KDR Boot Camp 8:00 - 8:45am
10	11 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm KDR Boot Camp 6:45 – 7:30pm	12	13 KDR Boot Camp 6:45 – 7:30pm	14 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm	15 KDR Boot Camp 6:45 – 7:30pm	16 KDR Boot Camp 8:00 - 8:45am
17	18 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm KDR Boot Camp 6:45 – 7:30pm	19	20 KDR Boot Camp 6:45 – 7:30pm	21 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm	22 KDR Boot Camp 6:45 – 7:30pm	23 KDR Boot Camp 8:00 - 8:45am
24	25 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm KDR Boot Camp 6:45 – 7:30pm	26	27 KDR Boot Camp 6:45 – 7:30pm	28 Plainfield BC 3:15 - 4:00pm 4:00 – 4:45pm	29 KDR Boot Camp 6:45 – 7:30pm	30 KDR Boot Camp 8:00 - 8:45am
31						



Results by Design



February 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	